Wellness Incentive Program



healthgram

Vets Pets cares about you!

Vets Pets cares about the health and wellbeing of our employees and offers a wellness incentive program to encourage healthy behaviors and habits.

Premium discounts in 2025 and beyond will be provided based on your participation!

Vets Pets will be providing a financial incentive towards your health insurance costs in the 2025 plan year for employees who satisfy the program requirement during this plan year.



To be eligible for a premium incentive in the 2025 plan year, you must do the following:

DO: Complete BOTH between September 1, 2023 - August 31, 2024

- 1. Complete the Health Risk Assessment via Healthgram's member portal https://members.healthgram.com/main/login
- 2. Complete 1 of the following Preventive Care Services:
 - Annual Physical with your Primary Care Provider
 - Well Woman Exam
 - Preventive Mammogram
 - Cervical Cancer Screening
 - Preventive Colonoscopy

EARN: Get Rewarded in 2025 with a discount on your Medical Semi-Monthly Payroll Deductions

Why is this important? Establishing a relationship with your primary care provider helps you identify health risks, seek immediate care for any newly identified health issues, and provide a plan of care for on-going health issues.

Is the Program Mandatory? Participation is completely voluntary, but highly encouraged. Participation is required to be eligible for the financial premium incentives in the 2025 plan year. Note – this program only applies to employees participating on the Vets Pets health plans; no requirements or rewards available for spouses and/or children participating on the plans.

New Hires: If you are eligible for benefits before January 1, 2024, you MUST complete the program requirements to earn the incentive for the 2025 plan year. If you are eligible for benefits on or after January 1, 2024, you will be grandfathered into the incentive for the 2025 plan year but will be required to participate in the 2025 Wellness Program for future incentive rewards.

*Disclosure: Individual responses to the health assessment questions are **not** shared by Healthgram with Vets Pets in any way. Vets Pets will receive a report from Healthgram showing who completed the assessment, as well as total overall results to provide us with a picture of our organization's overall health (individual results are not provided). We will use this information to provide any incentives owed to you, as well as help us determine how we can help improve the health of our organization.

